

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Eat Your Vegetables Challenge



Complete the activity.

- \_\_\_ 1. A leafy green vegetable that will make you strong like Popeye.  
A. spinach B. potato C. cauliflower D. cabbage
- \_\_\_ 2. A member of the lily family, the earliest stalks are an apple-green with purple-tinged tips.  
A. lettuce B. brussels sprouts C. asparagus D. cucumber
- \_\_\_ 3. A leafy green vegetable (some varieties have red/purple leaves).  
A. cabbage B. radish C. lettuce D. cauliflower
- \_\_\_ 4. A type of dark, root vegetable with a hot, sharp taste.  
A. cucumber B. radish C. cauliflower D. asparagus
- \_\_\_ 5. Usually large pulpy deep-yellow round fruit of the squash family maturing in late summer or early autumn.  
A. pumpkin B. radish C. potato D. cauliflower
- \_\_\_ 6. A very starchy root vegetable.  
A. spinach B. radish C. potato D. pepper
- \_\_\_ 7. Sweet and hot varieties of fruits of plants of the genus Capsicum.  
A. asparagus B. spinach C. cabbage D. pepper
- \_\_\_ 8. Small cabbage-like heads or buds growing along a stalk.  
A. pumpkin B. brussels sprouts C. cauliflower D. asparagus
- \_\_\_ 9. A green leafy vegetable usually used in salads.  
A. cabbage B. potato C. lettuce D. cauliflower
- \_\_\_ 10. A vegetable with a green skin and a white watery flesh that's used to make pickles.  
A. pepper B. cucumber C. cabbage D. pumpkin
- \_\_\_ 11. A plant having a large edible head of crowded white flower buds.  
A. cabbage B. asparagus C. cauliflower D. brussels sprouts